ED 386 886 LIFE SKILLS ACTIVITIES FOR SECONDARY STUDENTS WITH SPECIAL NEEDS.

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ABSTRACT

This resource for life skills activities for adolescents with special needs covers aspects of interpersonal relationships, communication skills, academic and school skills, practical living skills, vocational skills, problem-solving skills, and lifestyle choices. Included are 190 illustrated activity sheets with related exercises, discussion questions, and evaluation suggestions to help students in grades 7-12 acquire basic skills needed for independence and success in everyday living. Each activity sheet focuses on a specific skill within the context of real-life situations and includes teacher directions, learning objectives, optional extension activities, and assessment techniques. Also included is a list of parent activities which can be completed in conjunction with student activities. Specific topics include: qualities of a good friend, family members, listening and compromising, obtaining information, reading on the job, improving math skills, studying, taking notes, making a budget, using a timetable during travel, driving and car insurance, home repairs, preparing a meal, job skills, finishing high school, interviewing for work, personal values, drinking, teenage pregnancy, acquired immune deficiency syndrome, stressful events, adjusting to change, and setting realistic goals. (SW)

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